## **Validating Theragem Efficacy in Clinical Practice**

With over 25+ years of integrative private practice as a chiropractor with emphasis on using bio-energetic medicine and functional medicine, I have used numerous modalities from around the world. After clinical experience with many therapies the question comes up as to which therapy is best for a particular imbalance and/or how much time is needed to get optimal results using a particular type of treatment. As health practitioners we hear all sorts of claims. I decided to set up my own investigation of several modalities. One evaluation tool I use is to look at Heart Rate Variability before and after therapy. I also utilize symptom surveys, thermography, lab tests, computerized Pulse Metabolic Assessment which measures the Chinese pulses automatically, brain mapping using qEEG, and EEG with Spectralite that measures the balance of the endocrine organs in real time.

Dr. Becchetti and I are in the early phases of research using Theragem technology. We have seen that this therapy consistently changes the findings on Heart Rate Variability where it drives up parasympathetic nervous system function. This is significant since this is the part of the nervous system that is involved with regeneration and healing and is known to bring the physiology back to a more calm, balanced state after a stress insult to the body. It's commonly known that stress activates the sympathetic flight part of the nervous system causing many detrimental physiologic changes. An example of this is when I hired a crew to film an educational video for health care providers using Heart Rate Variability and Metabolic Pulse Assessment . I ended up having to do multiple shoots because the video equipment kept malfunctioning and I was getting upset. It was at this point that Dr. Javdat Karimov tested me on the Heart Rate Variability and the reading showed an increase in biological age of several years older and very poor heart rate variability which is not normal for me. This indicated stress to the heart and I truly felt that my body was out of balance. Immediately after this poor HRV reading I did 20 minutes of Elation treatment on my brain using the Sapphire gem head from the Theragem technology. I was amazed that after the 20 minutes of therapy I tested again on the HRV and every parameter of this test improved and, more importantly, I felt completely relaxed again.

There is a treatment on the Theragem to treat the Assemblage Point. This is a place on the chest that is responsible for aligning the higher self with the physical, mental and emotional bodies. In the clinic we tested before and after treating this point with the EEG technology created by Lee Wooley. This equipment is called

the Spectralite and it measures 0-10 Hz where it shows the endocrine organs working in real time. This spectral analysis can show numerically what system is working the hardest in relation to the other endocrine systems and also individually. What you want to see is the average of all these glands line up meaning more biocoherance and regulation among these systems. After doing the Theragem treatment using Diamond and Carnelian on the Assemblage Point on several patients, it lined up all the averages. This equates to better regulation and, from an energetic system, aligns the chakras since they also affect these glands. This treatment also improved HRV. It's really nice to have certainty that the modality you are using truly does what the manufacture says it does.

Dr. Becchetti is working on a case where a patient's right breast is completely necrosed after receiving 12 dental implants. The implants were subsequently removed and we are now using the Theragem to heal this area. This patient has already tried many other forms of treatment and nothing has made a difference so far. As part of our research using the Theragem, we will have thermographs before and after as well as blood work and will update the results as we continue her treatment.

We are also testing other patients using qEEG brain map readings before and after Theragem treatments for depression and anxiety. These are just a few of the cases we are documenting to track the results using the Theragem as a stand alone treatment.

We will be presenting our findings at the 2011 Bioenergetic conference in Greensboro, North Carolina on October 7-9 2011.

Sincerely,

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