

## The combination of Chinese acupuncture together with modern day Fusion Light Therapy, Theragem in Bi syndrome, 'frozen shoulder'

The clean flow of Qi with combinations of present day therapies

Modern day life has never been more influenced by energetic disturbances as ever before which are both created by man and our habitat, Mother Earth. This fact is made all too clear by the rising number of unhealthy, tired, emotionally and mentally disturbed, chronically ill and sick people around us. Never before has the importance of the influence of the electromagnetic fields more clear and it is being well researched. It is understood that we all, man, animal or thing have an electromagnetic field and we would not be able to survive outside our protecting electromagnetic fields. It is even so that when the core of the electro-magnetic field of the human - the assemblage point - is out of centre it will show in the behavioral pattern of the person. It will create illness.

The fact is that we build our houses into Faraday cages in concrete and steel sealing them against cold, heat, water, and wind, close to each other, with a lot of cables, wires for electricity or gas purposes. The usage of radio, tv, wifi internet, mobiles and other modern facilities, the influence of the Haarp project, the chemical trails – chem trail - left by aero planes, the fast climbing of the Earth's natural electro-magnetic frequency which is now almost at the fast beating Beta frequency of 14 hertz. It is no wonder that we all are disturbed at one more than the other, and excesses are news items in growing numbers. We all are longing for that inner peace, feeling one inside.

Looking back at ancient cultures as that of the Chinese, Egyptians, Tibetan, Ayurvedic, Hawaiian, etc they were all aware of the universal waves or frequencies and knew how to access them with natural sunlight, colour, sounds (chants, Tibetan bowls) and minerals (herbs, grinded gems stones), ceremony, prayer. The ancients, who were using these frequencies to clean up the energetic field of their patients, were just as their patients living a simple life, maintaining inner peace and concentration of the mind and spirit and external pathogens would be prevented from invading.

In traditional Chinese medicine the meridians have electromagnetic access points through which the qi can be redirected with needles, cups, guasha, massage or even the qi of the healer. In ancient times the needles were tipped with precious gem stones, and even today the use of golden and silver needles in certain protocols have proven their effectiveness.

When we look at the above we can begin to see why it is that some conditions do not respond successfully or slowly with these techniques, even in combination with other healing modalities. But when we truly understand and take into account the disturbances in our electromagnetic environment we could well find a resolution there.

The beautiful thing is that we are capable of fusing these ancient techniques with our modern day science in which the energy of both therapist as patient/client reach the state of clarity in which true healing can occur.

### Successful treatment with Theragem in combination with acupuncture

A case study of calcification of the shoulder bone or bone spur

In October 2008 Mrs. E.J. (61 yrs) came to my practice for treatment with acupuncture on a condition called bone spur on the left clavicle and the shoulder bone. She was in considerable pain and using painkillers, 4 x 400 mg daily ibuprofen, as paracetamol would not work.

She had this condition ever since coming back from a long haul holiday trip in August 2008. Apparently she was caught off guard in the plane by a sudden air bump, pulling her shoulder as she reached out to keep her balance. At first she was fine but during that same holiday her shoulder started to hurt and this worsened over a couple of weeks. Back home she went to see her GP who ordered an X-ray in which the condition of bone spur (hypertrophy) officially was diagnosed.

*'When the zheng/antipathogen qi is weak, pathogens invade to destroy the five zang organs, the bones, and the marrow' Nei Jing Suwen*

When she came to see me she could not raise her right arm higher than 30 degrees from the waist up from side to front. Movement towards the back was even less possible. For getting dressed, or even simple household chores she needed help. Upon touch the local area was swollen and very warm, almost like an inflammation. A grainy feeling was noticeable by the both of us upon softly touching the area. Furthermore Mrs E.J. had problems with her bowels, on and off lower back problems, cold feet, sleeping problems, had been overweight for years and difficulty with expressing her emotions, feeling depressive especially during the winter.

From the viewpoint of western medicine bone spurs are known for excess calcium deposits and most possibly in combination with an improper working thyroid. Bone spurs can come up quite sudden and it is possible to treat them with acupuncture only, although this can take quite a while. According to Traditional Chinese Medicine the diagnosis is called a Bi syndrome (arthralgia condition) meaning obstruction caused by the invasion of Wind, Damp or Cold or all, San Bi. Remained untreated for a long time they can develop in severe chronic (rheumatic like) symptoms. As for Mrs E.J. Re Bi (Heat Bi) had developed out of one of the San Bi with an underlying empty (xu) - damp (tan) condition.

My first priority was to relieve clients considerable pain and improve her circulation of qi and blood.

Treatment started with the following acupuncture points:

Local: LI15, LI13, LI14, GB 21, Ahsi points

Distal: LI4, LU7, GB44, GB34

Tonification on Ki3, Sp6 to nourish spleen and kidneys.

Sp9 for the underlying Damp condition.

Later GV vessel points were added for calming the Shen, SI14, as well as infusion grains in ear and on GB21 for more enduring results.

At first she responded well to this treatment with pain substantially subdued to almost gone, although the flexibility and rotation of the shoulder had only marginally improved. The improvement would last a couple of days – approx 4 to 5 - after which she had to come back as her severe pain returned.

She kept coming back for weekly treatment for the first six weeks. Her GP recommended her to see a physiotherapist / acupuncturist for improving the flexibility of the shoulder movement. Under supervision of her physiotherapist she received shoulder exercises and massage. After only 3 to 4 treatments the physiotherapy proved to be too invasive, stressful and painful for her.

Unfortunately due to not being able to move properly her lower back problems returned and were further compounded by excessive swelling and pain to her left shoulder. For her lower back problems she went to see a new physiotherapist who began a new course of treatment.

By that time, December 2008, I had just purchased the Theragem, Fusion Light Therapy, unit and started to use it in conjunction with acupuncture locally on the shoulder. Until then none of the above mentioned therapies showed a lasting improvement.

The Theragem is a fusion technology, a blend of existing therapeutic modalities which each have their own proven track record. Natural wave hertz frequencies, light, different crystals each with their distinctive color filters combined with four intensity grades are used for and help the body restore their natural balance and health. Studies have shown for improvement in a wide variety of complaints and ailments. It works on the electromagnetic field of the body and it causes the biological electrical chemical actions in the mitochondria to respond. A specialized feature, non invasive acupuncture needle for use in acupuncture has been developed in conjunction with acupuncturists. In this way it can be used on specific acupuncture points using the yin - yang principle or also very directly on cysts or warts.

Working on the same principle as yin and yang, depending on the complaint and the judgment of the therapist, it brings coolness to heat and warmth to cold. Therefore this case study started with emerald on a calming frequency (delta) to cool the heated area and after that improving the circulation of qi and blood by carnelian and diamond on an energizing (alpha) frequency.

In the first session on 19 December 2008 using the Theragem together with acupuncture (local and Ahsi points) using emerald on calming - 75% - 20 minutes on top of the shoulder brought Mrs E.J. completely out of pain and at the same time improved the shoulder movement and rotation considerably. She managed to pass the whole festive period without needing painkillers after only 1 session.

On the 5th of January 2009, using emerald on calming frequency and then diamond and carnelian on balancing and correction of her Assemblage Point - which was dislocated on the front at stomach and neck on back -she could raise her arm almost above her head with no pain during the following two weeks after her second session.

On the 19th of January diamond and carnelian were used on energizing (alpha) at 50 % intensity for 2 x 20 minutes on both shoulders. She mentioned feeling goose bumps almost like a cold running through her which lasted for an hour after the session. The next day she called me to tell that she had been able to wash her windows inside and outside after more than half a year not being able to do so. The pain had gone, and flexibility was back to normal. After that there has been no further pro lapse.

Also during these three sessions with the Theragem Mrs EJ began to understand the root cause of her shoulder problem and has started applying that insight into her daily life.

In her own words she described 'I was caught off guard by the bump on the plane', metaphorically one could see it as her shields (thyroid) were down. During that holiday she had stepped into a village war memorial on her own, feeling very sad with it, feeling her own deep grieve about her lost child, and at one stage she felt a sudden gust of cold wind surrounding her. It gave her the chills and left her feeling very uncomfortable for quite some time. Her fellow travelers stayed at distance as they did not feel at ease with that particular place. Her lesson as she looked back at it was that she should be alert and keep outer things at bay.

She continued to come back for Theragem sessions on a regular base as she notices and enjoys the relaxation and improvement of her physical, mental, energetic body.

#### Conclusion:

As this was the first time the Theragem was used in my practice the result can be called remarkable.

In three sessions improving a condition from pain, swollen, loss of flexibility of the shoulder for months to a complete recuperation is extraordinary. This and the ongoing successful results in other cases proof to be very promising for the use of the Theragem on its own or in conjunction with other complementary or regular therapies.

From a holistic view point to get clients in such a deep relaxed state they open up to themselves and can see how their actions are causing the problems in their lives, going straight to the cause, without judgmental thoughts. This gives treatment the holistic uplifting effectiveness, creating a happy mind in a happy body, one of the main rules to good health.

*'Wisdom does not come forth out of the gathering of knowledge, but to let it go' Nin Sheng*

[Follow up February 2010:

In March 2009 Mrs E.J. went to see her GP for some general discomfort, after a blood test was diagnosed with beginning diabetes II (thyroid/pancreas) and was given the advice to lose weight. She had been regularly on diets but was always stuck on a certain weight. With the help of a dietician and regular Theragem sessions she was able to get under that weight for which she is very happy. She is shedding the years of carrying that extra weight around. The beautiful thing about it is that the diagnosis diabetes II is now dropped and poses no longer a threat to her health. The combination of Theragem elation – sapphires - 75% - balancing (theta) on the crown helped in relaxation and a reboot, combined with the spleen – diamond/carnelian – 100% - energizing (alpha) boosts the working of the spleen. Mrs E.J. her underlying condition of an empty damp spleen could this way be effectively addressed.]